



Mental Health Leadership Trainings

Updated January 2023

TOPICS

- Mental Health 101
- De-Escalation & Communication
- Compassion Fatigue
- Supporting Mental Health in the Workplace
 - For general audiences
 - For managers

While we are unable to adapt topics at this time, our list of available topics changes over time and we are happy to accept suggestions for future topics.

Request a training:
namiseattle.org/programs/professional-community-trainings/

Questions? Contact
katie@namiseattle.org

namiseattle.org

NAMI Seattle offers professional development trainings for your staff, community group or leadership team. Trainings are 90 minutes long and offered virtually. A limited number of in-person trainings are available, please specify if needed.

FEES

Pay-as-you-can options available for BIPOC/LGBTQ+/disability-led community groups with limited budgets; contact us for details.

For-profit/private sector
\$2,000 per session

Large nonprofit
(annual budget over \$1 million)
\$1,000 per session

Small nonprofit/community group
(annual budget under \$1 million)
\$500 per session

All payments are tax-deductible and help support NAMI Seattle's free community programs.