



Guidelines for Informational Interviews

Thank you for your interest in learning more about our organization. Due to the frequent requests for informational interviews that NAMI Seattle receives, we have established a set of guidelines that we ask interested students to follow before reaching out.

- I. We are not able to permit students to observe support groups, as we have a no-observation policy to protect privacy.
- II. Please read our website to formulate your questions before meeting with us. When reaching out to us, we ask that you send us a copy of the questions you plan to ask or at least a quick summary of the nature of your questions.
- III. Due to frequent requests, questions that can be answered using information from the website will not be answered during the interview but we will happily answer all other questions that can't be answerable through our website. [Click here](#) to read our current FAQ page.
- IV. Last minute interview requests cannot be met. In order to accommodate the busy schedules of the NAMI Seattle staff, requests must be made several weeks to a month in advance.
- V. Interviews will last approximately 15 minutes. We ask that these interviews be over the phone when possible.
- VI. Lastly, we always appreciate it when interviewees are interested in giving back to NAMI Seattle. You can learn more about getting involved [here](#) and learn about how to come to a volunteer orientation where you can get a more in depth understanding on all the opportunities NAMI Seattle has to offer.

Thank you for your interest in learning more about NAMI, and we look forward to hearing from you!