Black Artists Coping Event

Battling mental illness is hard during regular times.

How do we cope amidst a pandemic and social unrest?

Local Artists bring the conversation to life.

Joining the discussion:
Dr. Katrina Sanford, Counselor, PsyD

Moderated by Sharon Nyree Williams.

Sharon Nyree Williams
Storyteller
Arts Administrator

Dani Tirrell
Curator
Choreographer
Educator
and more

Laruen Du Pree
Actor, Singer
Dancer, Writer
Filmmaker
Teaching Artist

THIS FRIDAY!
JULY 31ST
6-7 PM PST

For more info:
NamiSeattle.org/bace/

Live Streaming!