



NAMI Seattle Presents

# PARENT SUPPORT CALLS

**EVERY THURSDAY**

**6:30 - 8:00 PM**

(stay for all or part of the time!)

Join fellow Seattle-area parents and local community providers each week for connection, support and resources.

**For parents with school-aged or young adult children whose families are impacted by mental illness**

**Register to get the call link:**

**[namiseattle.org/parent-support-call](https://namiseattle.org/parent-support-call)**



[namiseattle.org](https://namiseattle.org)