NAMI Seattle Presents

**PARENT SUPPORT CALLS**

**EVERY THURSDAY**

**6:30 - 8:00 PM**

*(stay for all or part of the time!)*

Join fellow Seattle-area parents and local community providers each week for connection, support and resources.

For parents with school-aged or young adult children whose families are impacted by mental illness

Register to get the call link:

namiseattle.org/parent-support-call

namiseattle.org